



Photo by MVA student
Eera Venkatesh-Prasad.

Anti-bullying is Next Level MVA talks about cyberbullying and prevention.

What does level up mean to you? Mrs. Blanck: "It's all about pushing myself to always do better and to be better. I don't ever want to settle...I work to elevate myself to the next

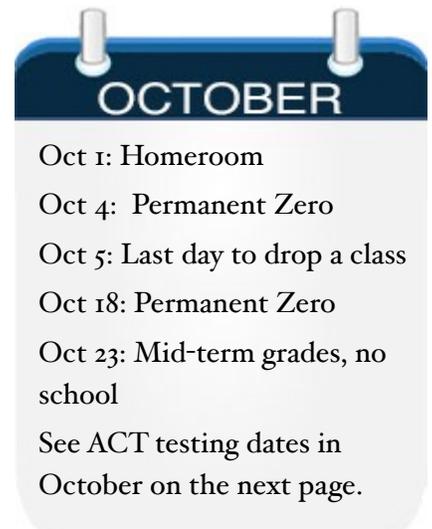


Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. Bullying can also take place through technology, known as **cyberbullying**. Examples of cyberbullying include mean text messages or emails, rumors sent by email or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles. (Taken from the youth.gov website) Our October homeroom addresses issues associated with bullying as well as other aspects of school safety.

We miss our Academic Outings and the chance to connect with our students face to face. Luckily, we still have our MVA clubs, and encourage students to participate in as many as they like. Clubs are sponsored by various teachers and staff, and we love this opportunity to work with students in a more informal - yet still educational - setting.

If you would like for your student to have a school ID badge, please send a picture to Ronna by October 8th. These come in handy for ACT/SAT testing.

It was wonderful to talk to so many parents at Parent Teacher conferences last month. We had over 50% participation. That really is *Next Level!*



Dream. EXPLORE.

APPLY

October - College Application Month

Watch for e-mails!

#IAPPLIED #APPLYKS



CONNECT WITH Us [Facebook] ApplyKs [Twitter] @ApplyKS [Instagram] @ApplyKansas [Globe] kansasregents.org/students/apply-kansas

COLLEGE APPLICATION CHECKLIST



- Prepare any required essays
- Request any letters of recommendation
- Know your Social Security Number
- Have payment process ready
- Submit transcript request

Student resource guide available at Steps2College.org

#IAPPLIED

#WHYAPPLY



AMERICAN COLLEGE APPLICATION CAMPAIGN



ACT Test Registration is Now Open
 Deadline for all October test dates has been extended to October 5. No late fees!

Register for the ACT →

October 2020 Test Dates

- Saturday, October 10
- Saturday, October 17
- Saturday, October 24
- Sunday, October 25

Deadline October 5th
<https://my.act.org>

Next Level Study Habits!



- ✦ **Create a study schedule.** Students who create a study routine and have the discipline to stick to it are able to study information over a longer amount of time instead of staying up late the night before.
- ✦ **Break up long study sessions.** Instead of spending hours cramming for an exam, try breaking up study sessions into smaller segments. Your mental energy will thank you and you'll find it's easier to remember things.
- ✦ **Clear your space.** A recent study by Princeton University found that people who keep their spaces clean are able to process information and focus better.
- ✦ **Shut off technology.** We each have our own style of note-taking, and chances are you won't understand as much of the information if you just read someone else's notes rather than taking your own.

CHOOSE PEACE



- THREATS OF SCHOOL VIOLENCE . . . 1 (877) 626-8203
 KANSAS SCHOOL SAFETY HOTLINE
- ACTS OF BULLYING 1 (800) 332-6378
 PARENT AND YOUTH RESOURCE HOTLINE
- SUSPICIOUS ACTIVITY
 SUSPICIOUS ACTIVITY REPORT
www.kbikis.gov/sar



Kansas leads the world in the success of each student.

Student Spotlight

We love to recognize our students and the amazing things they do both in school and out in their communities, so feel free to send your student's information to us to share. Thank you to all the students who let us share their stories!



Eera Venkatesh-Prasad shared this picture of a squirrel enjoying nature (above). **Conner Aggson** (left) has been with MVA his whole middle school and high school career.



Tristan Clemons (above) didn't help with theater this summer due to Covid 19. But his weekly Dungeons and Dragons club with his friends moved online. Tristan and his brother CJ (left) play every week online.



Club Name	Meeting Day	Meeting Time
Astronomy	First Thursday	1:00 pm
Baking	Third Thursday	10:00 am
Culture	Second Friday	1:00-1:30 pm
Gaming Club	First Friday	1:00 PM
Harry Potter	First Thursday	1:30 PM
Lunch Bunch (Check in)	Tuesdays	12:00 (noon)
Photography	Second Thursday	9:30 - 10:00 am
Pinterest	Third Thursday	9:30-10:00 am
Student Leadership Team	First Thursday	11:30 AM
Ted Ed Watch Party	First Thursday	3:00 PM
Yearbook	Second Thursday	10:00 - 10:30 am

Manhattan Virtual Academy



2100 Poyntz Ave Room E146 Manhattan, KS 66502

Phone: 785-587-2100 ext. 8073

Email: ronnao@usd383.org

Website: manhattanvirtualacademy.org