



# Messenger

This year  
it's  
**GAME  
ON!!**

How do you get  
your game on?

From MVA Teacher,  
Mrs. Huninghake:  
In a video we watched  
in our secondary  
assembly this month,  
the speaker talked  
about waiting for things  
to get easy. She spoke  
about how this won't  
happen. Life is hard.  
The game is hard.  
Those who push  
through the hard and  
handle the hard better  
will make change. So  
let's play hard this  
year!



Photos by Becky Broce



Fall is here! Good-bye to the sweltering temps of summer, hello to the gorgeous colors, crunchy leaves and perfect outside weather!

We hope your family is settling into the fall routine, balancing your schedules between work/school and play. Speaking of play, you'll find the club schedule on page two - so many fun opportunities!

Work-wise this is the time in the semester when work might chafe a bit... routines may have become a little boring and now that the weather is reasonable, we might rather be outside... But this is where our Game On theme shines! Mrs. Huninghake (see column left) talks about doing hard things. The better we get at handling the hard things, the better prepared we are for the future. Encourage your student to use those upcoming progress reports (Friday!) to assess how their "game" is going and make adjustments so they can look back on this semester and feel good about what they accomplished.

## OCTOBER

Oct 13 - Mid-Term Grades / No School

Oct 15 - PZ Week 6 & 7

Oct 29 - PZ Week 8 & 9

Hello! I'm Susanne Renberg, MVA's new Registrar and Administrative Assistant. Happy to be here!





# MVA Clubs schedule for October



Club Name	Meeting Day	Time
Art Club	1st Thursday	12:30 - 1:00 pm
Astronomy	2nd Wednesday	2:30 - 3:00 pm
Book Club K-5	Last Monday	2:00 - 2:30 pm
Cooking Club K-5	2nd Thursday	1:00 - 1:30 pm
Crochet Club	1st Thursday	1:00-1:30 pm
Culture & Baking	2nd Wednesday	11:00-11:30 am
D&D	Last Friday	1:00-1:30 pm
Gaming	Discord	Ongoing
Harry Potter	2nd Wednesday	2:00 - 2:30 pm
Lego Club K-5	2nd & 4th Monday	2:00 - 2:30 pm
Photography	2nd Thursday	12:30 - 1:00 pm
Rodeo Club	3rd Wednesday	12:30-1 pm

## Monarch Mornings

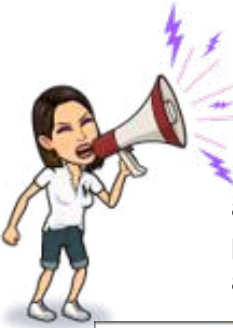
**MTW 8:00 - 8:20 am & MTW 9:30 - 9:50 am**  
**Monarch Mornings** are an opportunity to get to know other students and do some fun activities together. We will come up with many of the activities together. We will begin with a sweet 16 coping skills/self-care activity to level up our self-regulation game.

## Lunch Bunch

**MTW 11:30 - 11:50 am & 12:30 - 12:50 pm**  
**Lunch Bunch** is an opportunity to grab your lunch and hang out to level up our relationships and build community. We will share stories and watch videos. Game on! It is also a great time to share outside accomplishments and projects.

**Zoom Link:** <https://us06web.zoom.us/j/9848119564?pwd=VzYrL2lCRnFzTDJlR1FOekROSHU0Zz09>

## Announcing!



Progress Reports come out this Friday, Oct 13. Parents, you can also always check your students' progress using your Observer account.



Thursdays		OCTOBER 2023					Thursdays
Office Hours 10:30 – 11:30							MS Advisory 9:00 am HS Advisory 9:30 am
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 PZ wk 4-5 Cartoon girl	2 Week 7	3	4	5 Assembly 10:00 am Art Club 12:30 pm Crochet Club 1:00 pm	6 Last day to drop a class	7	
8 Cartoon girl	9 ELEM LEGO 2 PM Week 8	10	11 Culture & Baking 11:00 am Swifties 12:30 pm Harry Potter Club 2:00 pm Astronomy Club 2:30 pm	12 Photography Club 12:00 pm Cooking Club 1pm	13 Mid-Term Grades NO SCHOOL	14	
15 PZ wk 6-7 Cartoon girl	16 Week 9	17	18 Rodeo Club 12:30 pm	19	20	21	
22	23 ELEM LEGO 2 PM Week 10	24	25	26	27 D&D 1 PM	28 GO, YOU! Cartoon girl	
29 PZ wk 8-9 Cartoon girl	30 BOOK CLUB 2 PM ELEM GAME 2 PM Week 11	31 Cartoon man pointing	Community Connections w/Counselor Ms. Simkins Monarch Mornings - MTW 9:30 – 9:50 am Lunch & Learn – MTW 11:30 – 11:50 am				






# APPLY FREE DAYS



Nov. 7-9, 2023

**S**ENIORS: Kansas's first Apply Free Days will be held on November 7-9th, 2023, for Kansas residents! During these three days, any Kansas resident, regardless of age or income can apply for free at any of our 7 public universities, 19 community colleges, 6 Technical colleges, and the 21 private member institutions of the Kansas Independent College Association.

**Attention Lego Fans! Check out this fun opportunity!**



**Riley County 4-H**  
-STEM Project Day-  
**Brick Masters**

Come build with us!

Create a scene from your favorite book or movie using LEGOs

October 24th, 6-7:30 pm/ Pottorf Hall in Cico Park

Free of charge but you must register using this link:  
<https://tinyurl.com/mw4ryxmv>

All ages are welcome for this activity, but participants aged 9 and younger must be accompanied by a parent.



**K-STATE**  
Research and Extension



Kool-Aid Scented Play Dough  
Recipe [here](#).

**Elementary learning**, as with most learning, is done best with hands on activities. A fun activity for kindergarten was to make smelly play dough and then use it to practice physical changes. Hands-on learning helps bridge the gap between the digital and physical worlds, making complex concepts easier to grasp.



Addison Hills (4th) created a cereal box guitar as she explored energy and the way sound travels.



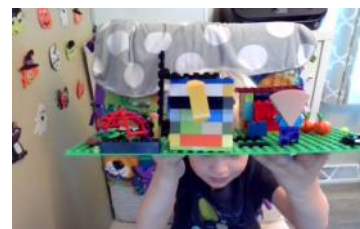
William Billinger made a model of a typical home for the plains tribes as part of the Grade 5 unit on Native Americans.



As part of the *Culture & Baking Club*, **Lily C.** made some amaaaazing Banana Bread Cinnamon Rolls with carmel frosting. Yum! Find the recipe [here](#).



Gretchen (5th) spent her Lego Club time making this Super Mario Pirate Beach



Korbin (Kindergarten) made a Trick or Treat Village in Lego Club.

We love to recognize our students and the amazing things they do both in school and out in their communities, so **feel free to send your student's information to us to share**. Thank you to all the students who let us share their stories!

## Student Spotlight



You can like and follow Isabelle (i.e. Priscilla the Killa!) on Facebook: /Priscilla the Killa-MMA Journey

MVA student, **Isabelle Baker**, recently competed in the U18 World MMA Championships in Greece. She is now the **2nd time World Champion in the Novice division!!!**

**CONGRATULATIONS, Isabelle!** The MVA family is so proud of you!



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